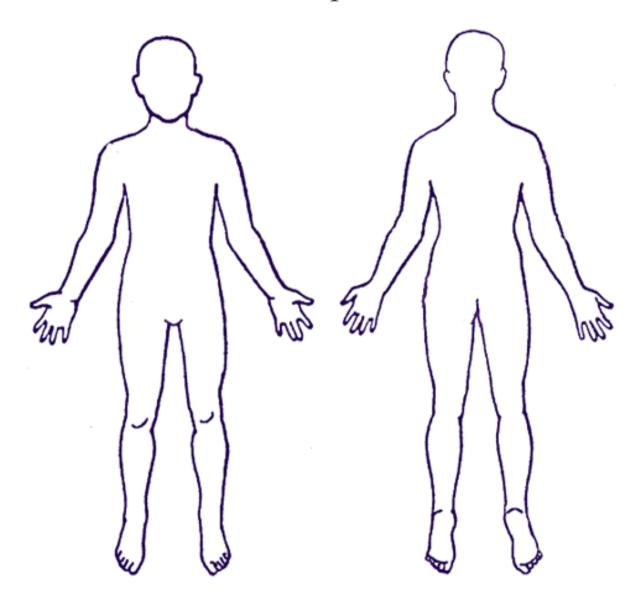
Touch & Impact Zones



Using coloured markers or pencils colour in the places on the drawing above to indicate safe zones for touch and impact play. Clearly circle any body part where a pre-existing condition exists ie. low back pain.

Green = safe zone Yellow = use caution

Red = No go zone

Tools for Scene Negotiation

Health Information

Physical concerns / conditions:

Allergies:

Mental Health concerns / conditions: (please include any triggers, if applicable and things you find helpful for grounding).

Who to notify in case of emergency?